



RISHIKESH RESORT & SPA  
UTTARAKHAND

## RIVER SIDE MENU

### PAHARI SHORBA

- **Mungri Gahat Ka Shorba** INR 675  
**191 kcal | 262 gms** | Mountain corn and smoked lentil soup  
(lentil indigenous to Uttarakhand)

### TANDOORI AUR TAWA

- ▲ **Tawa Sekele Macchi** INR 1700  
**630 kcal | 406 gms** | With tudkiya bhath and jhol (influenced by Assamese grilled fish, combined with Himachali rice delicacy)
- ▲ **Kachhi Haldi Ka Jhinga** INR 1550  
**268 kcal | 260 gms** | Garhwali fresh turmeric and chilli vodka  
(inspired by the fresh raw turmeric of Uttarakhand)
- ▲ **Adraki Tujji Chicken** INR 1100  
**384 kcal | 300 gms** | Chicken morsels spiced with mountain ginger and golden fried garlic (a treat from Kashmir)
- ▲ **Tabak Maaz** INR 1350  
**385 kcal | 330 gms** | Mutton ribs stewed and fried in ghee till crispy
- **Himachali Kankar Kebab** INR 1050  
**386 kcal | 180 gms** | With moong dal crunch
- **Jakhya Mirch Ka Paneer Ka Tikka** INR 1050  
**690 kcal | 275 gms** | Pulam pyaz ki chutney (traditional mustard grown near Kumaon, Uttarakhand )
- **Paneer Kanti** INR 1050  
**423 kcal | 300 gms** | Cottage cheese tossed with onion and tomato and spiced up with Kashmiri chilli
- **Nadru Kebab** INR 1050  
**205 kcal | 180 gms** | Kashmiri masala-flavored lotus stem cakes

■ Vegetarian ▲ Non-vegetarian | List of Allergens: Nuts Soya Sulphites Milk Gluten  
 Crustaceans Mustard Fish Celery Lupin

All prices are subject to applicable Government taxes  
Kindly inform our associates if you are allergic to any ingredients



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## CURRY

- ▲ **Garhwali Methi Kukuru** INR 1150  
508 kcal | 480 gms | Chicken curry with local fenugreek  
 
- ▲ **Tarami Rogani Meat** INR 1300  
760 kcal | 544 gms | Pot-stewed lamb preparation, known for the heat it produces on the palate  

- ▲ **Muji Gaad** INR 1550  
323 kcal | 450 gms | Fish slow-cooked with white radish in aromatic spices from Kashmir  
  
- ▲ **Dhaniwal Murg Korma** INR 1300  
560 kcal | 480 gms | Chicken morsels cooked in curd and coriander-based curry  
 
- **Kumaoni Saag Paneer** INR 1050  
477 kcal | 430 gms | Fresh mustard, garlic flakes, and spinach  
 
- **Nadru Haaq** INR 975  
609 kcal | 490 gms | Kashmiri saag with spinach and lotus stem  

- **Marchhu Pyazi Bhindi** INR 975  
364 kcal | 284 gms | Frizzled okra with onions and lakhori chillies (famous yellow chilli from Almora, Uttarakhand)  

- **Gedu Ki Dal** INR 825  
576 kcal | 494 gms | Whole black lentils, overnight simmered in a traditional garhwali pot, with butter and cream & Rajmah from Harsil  
  
- **Bhuni Mirch Ki Dal** INR 825  
380 kcal | 450 gms | Home style lentil tempered with green roast chillies  
 
- **Dum Aloo** INR 975  
380 kcal | 440 gms | Potatoes cooked with vibrant Kashmiri red chilli and spices  


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- **Ruangan Chaman** INR 1050  
582 kcal | 430 gms | Cottage cheese cubes cooked in tomato-onion gravy
- **Nadru Palak** INR 975  
178 kcal | 410 gms | Spinach cooked with lotus stem
- **Kumaoni Raita** INR 525  
102 kcal | 272 gms
- **Akhrot Chutney** INR 225  
248 kcal | 150 gms | Traditional walnut chutney

R I C E

- **Himachali Tudakiya Bhath** INR 525  
392 kcal | 290 gms
- **Steamed Rice** INR 350  
270 kcal | 280 gms

R O T I

- **Gahat Ke Kulcha** INR 325  
260 kcal | 160 gms
- **Mandwe Ki Roti** INR 225  
210 kcal | 90 gms

K U C H M E E T H A

- **Gond Badam Ka Halwa** INR 750  
552 kcal | 160 gms
- **Nariul Aur Sago Payiesh** INR 750  
629 kcal | 178 gms
- **Kong Phirni** INR 750  
380 kcal | 180 gms | Saffron-flavored semolina pudding

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