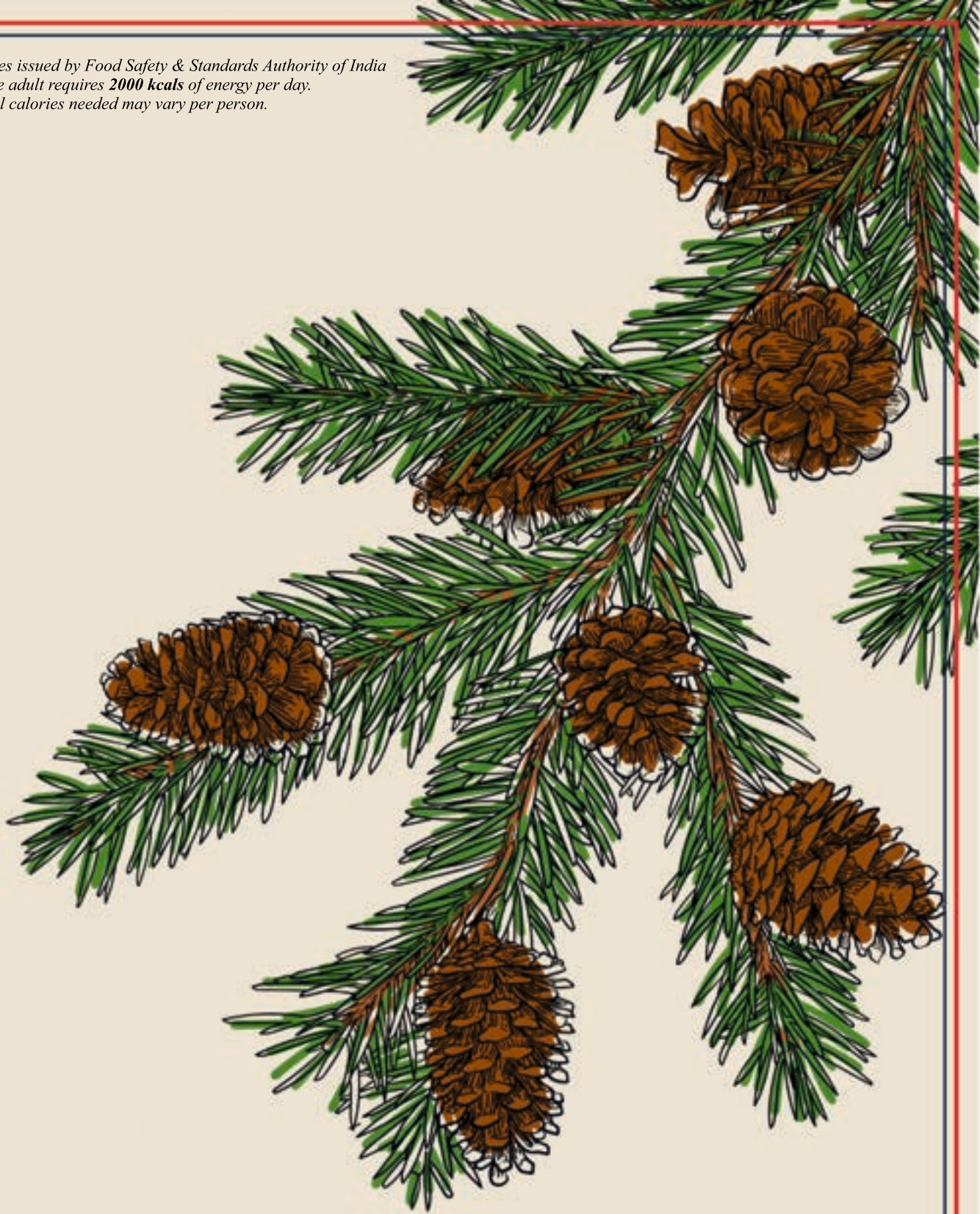


*As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average adult requires **2000 kcals** of energy per day. However, the actual calories needed may vary per person.*
































TRAGOPAN

TAJ THEOG RESORT & SPA, SHIMLA

BREAKFAST

0700 hours till 1030 hours

PLATTER OF FRESH CUT FRUITS 	600	PANCAKES 	600
208 Kcal, 300 gm as per seasonal availability		586 Kcal, 200 gm Stack of pancakes, maple syrup, nutella	
CHOICE OF CEREALS 	600	 WAFFLES 	600
422 Kcal 411 Kcal 498 Kcal 575 Kcal, 200 gm		586 Kcal, 200 gm Maple syrup, nutella	
corn flakes all - bran chocos muesli		 POORI BHAJI 	600
Choice of Hot or Cold Milk Almond Milk		1193 Kcal, 475 gm Spiced potato curry, puffy fried bread	
116 Kcal 91 Kcal, 200 ml		 IDLI SAMBHAR 	600
 TRAGOPAN MUESLI BOWL	600	1095 Kcal, 475 gm steamed rice and lentil cakes, served with chutney	
724 Kcal, 400 gm Muesli, oats, berry yoghurt, grated apples, dry fruits, seasonal fruits		 DOSA 	600
 EGGS TO ORDER 	800	1089 Kcal, 280 gm 1119 Kcal, 300 gm 1445 Kcal, 360 gm	
Your choice of eggs –		Plain Mysore Masala	
214 Kcal, 120 gm poached		Crispy rice crepe, lentil drumstick curry, coconut chutney, tomato chutney	
255 Kcal, 180 gm omelette		 UTTAPAM 	600
259 Kcal, 120 gm fried		1089 Kcal, 280 gm 1115 Kcal, 320 gm	
314 Kcal, 180 gm scrambled		Plain Masala	
Served with hash brown & grilled tomato		Thick rice pancakes, lentil drumstick curry, coconut chutney, tomato chutney	
 EGGS BENEDICT 	800		
240 Kcal, 280 gm Poached eggs, chicken ham, English muffin, hollandaise			
 			
REGIONAL SPECIALITIES			
BABROO AUR KALE CHANNE KA KHATTA  	650		
1153 Kcal, 475 gm Stuffed fried puffy bread, served with a piquant gram curry			
MASALA POHA  	600		
869 Kcal, 300 gm Flattened rice with peanuts and tempering			
PARATHA  	600		
482 Kcal, 180 gm Choice of potato, cauliflower or cottage cheese, pickle and butter			
TAWA PARATHA AUR RASSEWALA ALOO  	600		
886 Kcal, 475 gm Layered triangle flat bread, spiced potato curry			

 Vegetarian  Non-vegetarian

All prices are in Indian Rupees and subject to applicable government taxes. Please inform our associates if you are allergic to any ingredients.

List of Allergens:



SOUPS AND SALAD

1230 hours till 2230 hours

RICH TOMATO SOUP   	550
316 Kcal, 225 ml Tomato, croutons	
MUSHROOM CAPPUCINNO  	550
103 Kcal, 225 ml Milk foam, mushroom dust	
OVEN ROASTED BELL PEPPER SOUP  	550
199 Kcal, 225 ml Trio of peppers, garlic powder	
CREAM OF CHICKEN AND PESTO    	550
305 Kcal, 225 ml Chicken breast, basil pesto	
GOLDEN SWEET CORN CHICKEN SOUP  	550
247 Kcal, 225 ml Egg drop, chicken breast	
MANCHOW VEGETABLE SOUP   	550
299 Kcal, 225 ml Crispy fried noodles	
VEGETABLE AND TOFU LEMON CORIANDER SOUP  	550
87 Kcal, 225 ml Silken tofu, lemon	
TOM YUM PRAWN SOUP  	550
126 Kcal, 225 ml Lemongrass, chilly	
GREEK SALAD  	1100
454 Kcal, 225 gm Onions, cucumber, olives, feta and tomatoes	
HOUSE SALAD   	950
464 Kcal, 225 gm Lettuce, apple, beets, walnuts, orange, honey Dijon balsamic dressing	
CAESAR SALAD CHICKEN PORK BACON    	1100
468 Kcal, 225 gm Lettuce, anchovy parmesan dressing, croutons Vegetarian Caesar Salad available on request	
INDIAN GREEN SALAD 	550
97 Kcal, 225 gm Assortment of fresh vegetables	
SOM TAM   	950
258 Kcal, 225 gm Raw papaya, cherry tomatoes, peanuts, sweet and spicy dressing	
ORIENTAL CHICKEN SALAD    	1100
556 Kcal, 225 gm Shredded chicken, cabbage trio, crispy noodles, sesame dressing	

 Vegetarian  Non-vegetarian






















































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List of Allergens:



SMALL PLATES

1230 hours till 2230 hours

AGLIO OLIO CHICKEN CAPRESE   	1450
958 Kcal, 280 gm Cherry tomatoes, bocconcini, pesto, garlic, basil	
TERIYAKI CHICKEN WINGS    	1450
1456 Kcal, 280 gm Sesame, scallions	
BUTTER CHILLI OYSTER PRAWNS    	1350
962 Kcal, 280 gm Trio of peppers	
HAWKERS STYLE CHILLI    	1250 1450
928 Kcal, 280 gm Paneer 1063 Kcal, 280 gm Chicken, All-time favourite dish	
THAI CHILLI BASIL FISH    	1550
921 Kcal, 280 gm Peppers, Catfish	
SALT & PEPPER – VEGETABLE CORN   	1250
921 Kcal, 280 gm Crisp fried, onion, peppers	
TOFU IN CHILLI BLACK BEAN SAUCE    	1250
941 Kcal, 280 gm Crisp fried, spring onions	
VEGETABLE SPRING ROLL   	1150
926 Kcal, 280 gm Sweet chilli sauce	
HONEY CHILLI POTATO     	1150
768 Kcal, 280 gm French fries, sweet & spicy sauce, sesame seeds	
SWEET CHILLI GARLIC WATERCHESTNUT & LOTUS STEM    	1250
828 Kcal, 280 gm Sweet chilli sauce, fried garlic	
HUMMUS WITH PITA AND LAVASH   	850
916 Kcal, 220 gm Chickpea puree, tahini, olive oil	
DAHI PAPDI CHAAT   	850
1040 Kcal, 220 gm Crisp papdi, trio of sauces and vermicelli	
MIXED VEGETABLE PAKODA  	850
674 Kcal, 280 gm Assorted batter fried vegetables and cottage cheese, mint chutney	
CHILLI CHEESE TOAST   	850
464 Kcal, 240 gm Toasted bread, processed cheddar, chillies	
FRENCH FRIES/POTATO WEDGES    	650
513 Kcal, 220 gm	

 Vegetarian  Non-vegetarian

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List of Allergens:



BURGERS & SANDWICHES

1230 hours till 2230 hours

Served with a house salad and French fries

CHICKEN BURGER 1250

1397 Kcal, 350 gm | Fried chicken patty, roast chicken salad, mustard mayonnaise, lettuce, tomato, cheese



VEGETABLE BURGER 1150

1179 Kcal, 350 gm | Fried potato patty, roasted peppers and zucchini, cheese, jalapeno and tomato salsa



TRAGOPAN NON-VEGETARIAN CLUB SANDWICH 1250

1114 Kcal, 350 gm | Roast chicken salad, egg, lettuce, chicken bacon, tomato, cheese
Pork Bacon available on request



TRAGOPAN VEGETARIAN CLUB SANDWICH 1150

1018 Kcal, 350 gm | Coleslaw, grilled peppers, grilled zucchini, lettuce, tomato, cheese



SIMPLE SANDWICHES 1150

Choice of white, brown or multigrain bread served plain, toasted or grilled

Choice of fillings:

MINT MAYONNAISE, CHEESE, CUCUMBER, TOMATO

969 Kcal, 350 gm |

PESTO, PEPPERS, ZUCCHINI, CHEESE

1018 Kcal, 350 gm |

ROAST CHICKEN SALAD

1018 Kcal, 350 gm |

PORK BACON, LETTUCE, TOMATO AND BOCCONCINI

640 Kcal, 350 gm |

 Vegetarian  Non-vegetarian

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List of Allergens:



FLAVOURS OF THE INDIAN SUB-CONTINENT

KEBABS & MORE 12.30 hrs to 17.00 hrs & 19.00 hrs to 22.30 hrs

MURGH TIKKA ▲ 1450

819 Kcal, 280 gm | Chicken, red chillies, curd
🥛 🌿

TANDOORI CHICKEN ▲ 1450

715 Kcal, 350 gm | Half chicken, classic
marinade
🥛 🌿

GOSHT SEEKH KEBAB ▲ 1650

740 Kcal, 280 gm | Minced mutton, spices,
cooked on skewers
🥛

ZAITUNI MAHI TIKKA ▲ 1650

691 Kcal, 280 gm | Fish, olives, hung curd,
spices
🥛 🐟

PANEER TIKKA ◻ 1250

726 Kcal, 280 gm | Cottage cheese, onion,
capsicum, red chilli yoghurt marinade
🥛 🌿

ACHARI MALAI BROCCOLI ◻ 1250

687 Kcal, 280 gm | Broccoli, pickle spices,
cream and cheese
🥛 🌿

HARA BHARA KEBAB ◻ 1250

1288 Kcal, 280 gm | Spinach, green peas,
cashew
🥛 🌿 🌾

JIMIKAND GILAWAT ◻ 1250

981 Kcal, 280 gm | Soft yam kebabs,
aromats, local spices
🥛 🌿

ASSORTED KEBAB PLATTER

NON-VEGETARIAN ▲ 2100

1534 Kcal, 500 gm | Murgh Tikka | Pahadi
Murgh Tikka | Zaituni Mahi Tikka | Gosht
Seekh Kebab
🥛 🌿

VEGETARIAN ◻ 1850

1458 Kcal, 500 gm | Jimikand Gilawat |
Paneer Tikka | Assorted Tandoori Vegetables
🥛 🌿

◻ Vegetarian ▲ Non-vegetarian

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List of Allergens:



INDIAN CURRIES

1230 hours till 2230 hours

KADHAI PANEER 1250

761 Kcal, 400 gm | Onion, capsicum, tomato, cottage cheese, hand pounded spice mix



SHAHI KOFTA CURRY 1250

1182 Kcal, 400 gm | Cottage cheese dumplings, rich onion cashew gravy



BAOLI SUBZ HANDI 1250

527 Kcal, 400 gm | Vegetables, onion tomato gravy, cream, cashew paste



ALOO GOBI MASALA 1250

569 Kcal, 400 gm | Potatoes, cauliflower, ginger, onions, tomatoes, coriander

MUSHROOM MATAR

HARA PYAAZ 1250

770 Kcal, 400 gm | Button mushrooms, peas, spring onions, spiced cashew curry



DUM BIRYANI

1250 | 1450 | 1650

Vegetable : 916 Kcal, 680 gm | Chicken : 990 Kcal, 680 gm | Lamb : 1140 Kcal, 680 gm

Fragrant basmati rice, saffron, brown onion, raita



INDIAN NON-VEGETARIAN COMBO 2100

Chicken Tikka Masala or Mutton Roganjosh | Aloo Gobi or Baoli Subz Handi | Dal Makhani Or Dal Tadka | Steamed Rice And Choice Of 1 Indian Bread | Gulab Jamun



INDIAN VEGETARIAN COMBO 2100

Paneer Makhani or Palak Paneer | Aloo Gobi or Baoli Subz Handi | Dal Makhani Or Dal Tadka | Steamed Rice And Choice Of 1 Indian Bread | Gulab Jamun



 Vegetarian  Non-vegetarian

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List of Allergens:



LOCAL FAVOURITES

1230 hours till 2230 hours

SAANG 550

217 Kcal, 225 gm | Thick soup made with wheat grains, peas, horse gram



SEPU VADI 1250

853 Kcal, 400 gm | Moong dal dumplings, spinach and onion gravy



ALOO CHANA MADRAH 1250

898 Kcal, 400 gm | curry of chickpeas and potatoes with ghee and yoghurt



KADHI 850

755 Kcal, 400 gm | yogurt curry with gram flour vermicelli



GHEE RAJMA CHAWAL 1250

1051 Kcal, 400 gm | Local kidney bean curry, unpolished local rice, ghee



TUKADIYA BHAAT 850

624 Kcal, 400 gm | spiced rice with lentil, potato, onions, yoghurt, nuts and apricots



BHARMOURI MURG 1450

537 Kcal, 400 gm | spiced chicken preparation with yoghurt



THEOG TAWA MURGH 1450

SHIMLA MIRCH

843 Kcal, 400 gm | Semi dry Boneless chicken, spicy onion tomato gravy, green capsicum



CHA GOSHT 1650

876 Kcal, 400 gm | mutton in gravy of chickpea flour, curd and spices



PAHADI BHUNA GOSHT 1650

1200 Kcal, 400 gm | Semi dry mutton, local roast spices, onions



TIBETAN DUMPLING 850 | 1050

Vegetable : 538 Kcal, 400 gm

Chicken : 664 Kcal, 400 gm

Steamed dumplings, duo of dips



THUPKA 850 | 1050

Vegetable : 276 Kcal, 400 gm

Chicken : 362 Kcal, 400 gm

Tibetan noodle soup



HIMACHALI THALI VEGETARIAN THALI 2350

Chaas | Saang | Jimikand kebab | Salad | Kaddu raintha | Sepu vadi | Aloo Chana Madrah | Kadhi | Rajma | Tukdiya Bhaat | Patande | Khus Khus Parathe | Baathu Kheer



HIMACHALI THALI NON – VEGETARIAN THALI 2750

Chaas | Saang | Jimikand kebab | Salad | Kaddu raintha | Bharmouri Murgh | Cha Gosht or Pahadi Bhuna Gosht | Sepu vadi | Rajma | Tukdiya Bhaat | Patande | Khus Khus Parathe | Baathu Kheer



 Vegetarian  Non-vegetarian

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List of Allergens:



SIDE DISHES

1230 hours till 2230 hours

STEAMED BASMATI RICE 500

538 Kcal, 400 gm

STEAMED REGIONAL UNPOLISHED RICE 400

664 Kcal, 400 gm | Highly nutritious grain which is good for the heart, aids digestion and has a low glycaemic index

PULAO 850

Jeera : 763 Kcal, 400 gm
Green Peas : 795 Kcal, 400 gm
Masala : 766 Kcal, 400 gm



KHICHDI 850

Plain : 622 Kcal, 400 gm
Masala : 758 Kcal, 400 gm
One pot dish, rice, lentils, tempering, curd, ghee



GHAR KI DAL 650

761 Kcal, 400 gm | Yellow lentils, tempered, cumin seeds, ghee

DAL MAKHANI 850

1000 Kcal, 400 gm | Black lentils simmered overnight, cream, mild spices and butter

PHULKA | TAWA PARATHA 300

411 Kcal, 120 gm



PATANDE 300

110 Kcal, 120 gm | Local rice flour pancakes



TANDOORI BREADS

1230 hours to 1630 hours &
1900 hours to 2230 hours

INDIAN BREADS 300

Tandoor Roti : 274 Kcal, 80 gm | Butter Naan, Butter Garlic Naan : 320 Kcal, 100 gm |
Laccha Paratha : 411 Kcal, 120 gm | Missi Roti : 356 Kcal, 100 gm | Ragi Roti : 289 Kcal, 100 gm



KULCHA 400

Potato : 374 Kcal, 160 gm | Cottage Cheese : 372 Kcal, 160 gm | Onion : 341 Kcal, 160 gm



KHUS KHUS KE PARATHE 300

299 Kcal, 120 gm | Layered paratha with poppy seeds



ASSORTED BREAD BASKET 750

893 Kcal, 300 gm | Tandoori Roti, Butter Naan and Laccha Paratha



 Vegetarian  Non-vegetarian

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List of Allergens:



ALL TIME FAVORITES

CRUMB FRIED FISH & CHIPS 1550

1211 Kcal, 400 gm | Tartar sauce, coleslaw, French fries, lemon



SHEPHERD'S PIE 1550

1599 Kcal, 375 gm | Lamb mince, tomato sauce, mashed potatoes, red wine



PAV BHAJI 1250

712 Kcal, 400 gm | Butter enriched minced vegetable curry, buttered buns



1230 hours till 2230 hours

MAC AND CHEESE 1250

679 Kcal, 350 gm | Rich cheese sauce, oven baked



CHOLEY BHATURE 1250

1632 Kcal, 475 gm | Tangy chickpea curry, fried flatbreads



KATHI ROLL 1250/1150

Chicken & Egg : 584 Kcal, 250 gm

Paneer : 481 Kcal, 250 gm

Flour paratha, sautéed onions, peppers



TRULY INTERNATIONAL

NEW ZEALAND

LAMB CHOPS 3000

1549 Kcal, 400 gm | Hummus, za'atar, sumac, cous cous, carrot puree, roasted beets and carrots



GRILLED PORK CHOPS 2100

987 Kcal, 400 gm | Apple and Naga chilli chutney, mashed potatoes, carrot puree, roasted beets and carrots



WHOLE ROASTED GREMOLATA

HIMALAYAN TROUT 2100

1075 Kcal, 550 gm | Parsley potatoes, roasted broccoli, sauce vierge



GRILLED RIVER SOLE 1550

1069 Kcal, 400 gm

Lemon caper butter sauce, mashed potatoes, and sautéed vegetables



HERB AND MUSTARD

GRILLED CHICKEN 1450

1016 Kcal, 450 gm | Mushroom jus, sautéed vegetables, mashed potatoes



1230 hours till 2230 hours

VEGETABLE QUESADILLA 1250

324 Kcal, 350 gm | Beans, vegetables, onions, peppers, cheddar cheese, tomato salsa, chilli con queso



LEBANESE DAWOOD

BASHA 1250

1446 Kcal, 375 gm | Potato dumplings, tomato sauce, cheese sauce, filo crisp, pita bread



SPINACH AND

RICOTTA CANNELONI 1250

1419 Kcal, 350 gm | Cheese sauce, roast peppers and zucchini



 Vegetarian  Non-vegetarian

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List of Allergens:



PASTA & RISOTTO

1230 hours till 2230 hours

PENNE POLLO CACIO DE PEPE  1250

916 Kcal, 350 gm | Chicken, parmesan, mushrooms, black pepper



SPAGHETTI BOLOGNAISE  1250

1104 Kcal, 350 gm | Lamb mince, red wine, tomato sauce, butter, parmesan



PENNE ARRABIATA  1050

513 Kcal, 350 gm | Tomato sauce, fresh basil, garlic, chilli flakes



SPAGHETTI AGILO E OLIO PEPPERONCINO  1050


743 Kcal, 350 gm | Extra virgin olive oil, parmesan and chili pepper



PENNE MUSHROOM ALFREDO  1050

958 Kcal, 350 gm | Cream, cheese, mushrooms



FUSILI MAMAROSA VERDURE  1050

875 Kcal, 350 gm | Tomato sauce, cream sauce, parmesan cheese, vegetables



TRUFFLE SCENTED MUSHROOM RISOTTO  1250

1020 Kcal, 350 gm | Parmesan, truffle oil



CHICKEN, BASIL AND SUN-DRIED TOMATO RISOTTO  1250

1062 Kcal, 325 gm | Basil oil, parmesan



 Vegetarian  Non-vegetarian


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List of Allergens:



BRICK OVEN PIZZA


1230 hrs till 2230 hrs

MARGHERITA  1250

1250 Kcal, 390 gm | Tomato sauce and mozzarella

**WILDERNESS**  1250


1278 Kcal, 450 gm | Mushroom, caramelized onion, feta crumble

**NUKKAD PIZZA**  1250


1004 Kcal, 450 gm | Tomato, onions, capsicum, processed cheese

**FARMHOUSE PIZZA**  1250

1143 Kcal, 500 gm | Tomato sauce, assorted vegetables, black olives, mozzarella cheese

**SANTA FE PIZZA**  1250


1143 Kcal, 500 gm | Tomato sauce, black olives, green olives, sun-dried tomatoes, jalapenos, mozzarella

**SICILIAN CHICKEN PIZZA**  1450

1526 Kcal, 500 gm | Tomato sauce, pesto drizzle, grilled chicken, black olives, sundried tomatoes, mozzarella

**INDIANA**  1450

1417 Kcal, 500 gm | Tomato sauce, chicken tikka, bell pepper, onions and jalapeno

**PEPPERONI DIAVOLA**  1650

1589 Kcal, 475 gm | Pork pepperoni, jalapeno, chilli flakes

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List of Allergens:



ORIENTAL MAINS

1230 hours till 2230 hours

FROM THE WOK

Chicken : 523 Kcal, 400 gm	1450
  	
Fish : 552 Kcal, 400 gm	1550
  	
Prawns : 617 Kcal, 400 gm	1650
 	
Vegetable : 460 Kcal, 400 gm	1250

CHOICE OF SAUCE

Hot Garlic | Sichuan | Chilli Black Bean | Butter Chilli Oyster | Hot Basil

BRAISED TOFU

 1250

597 Kcal, 400 gm | Broccoli, Chinese cabbage, celery, mushroom, bamboo shoot, hoisin sauce



VEGETABLE MANCHURIAN

 1250

905 Kcal, 400 gm | Dumplings, hawker style



BRAISED BROCCOLI, WATERCHESTNUT, BOKCHOY AND MUSHROOMS

 1250

414 Kcal, 400 gm | Cantonese sauce



KUNG PAO CHICKEN

 1450

672 Kcal, 400 gm | cashewnuts, peppers, soy



LAMB IN TERIYAKI SAUCE

 1450

1172 Kcal, 400 gm | Lamb, sesame



STEAMED RIVER SOLE FILLET

 1650

983 Kcal, 425 gm | Soy and oyster broth, oriental greens, fried garlic



THAI RED OR GREEN CURRY

Chicken : 885 Kcal, 400 gm 1450



Prawns : 647 Kcal, 400 gm 1650



Vegetable & Tofu : 345 Kcal, 400 gm 1250



 Vegetarian  Non-vegetarian

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List of Allergens:



RICE & NOODLES

WOK TOSSED NOODLES

Chicken : 587 Kcal, 400 gm	850
  	
Egg & Scallion : 583 Kcal, 400 gm	750
  	
Vegetable : 520 Kcal, 400 gm	750
 	

YOUR STYLE OF PREPARATION

Hakka | Spicy Sichuan | Chilli Garlic





WOK FRIED RICE

Prawn : 555 Kcal, 400 gm	1250
  	
Chicken : 525 Kcal, 400 gm	850
 	
Egg & Scallion : 514 Kcal, 400 gm	750
 	
Vegetable : 464 Kcal, 400 gm	750
	

YOUR STYLE OF PREPARATION

Hakka | Spicy Sichuan | Burnt Garlic

CHOPSUEY 1250

Chicken : 898 Kcal, 500 gm | Vegetable : 600 Kcal, 500 gm
American | Chinese
   



















































 Vegetarian  Non-vegetarian


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List of Allergens:



DESSERTS

MULTIGRAIN CHOCOLATE BROWNIE     	650
1186 Kcal, 180 gm Vanilla Ice cream	
WARM TRUFFLE PASTRY   	650
1186 Kcal, 180 gm Vanilla Ice cream	
BAKED CHEESECAKE    	650
261 Kcal, 140 gm Blueberry compote	
HIMALAYAN APPLE PIE    	650
1186 Kcal, 180 gm Banana caramel ice cream	
COCO BERRY BAVAROIS    	650
1186 Kcal, 140 gm Bavarois of coconut milk and berries	
RED VELVET BERRY JAR   	650
582 Kcal, 140 gm Mascarpone, berry melange, red velvet sponge	
WARM GULAB JAMUN    	625
496 Kcal, 140 gm Fried reduced milk dumplings, sugar syrup, nuts	
BAATHU KI KHEER   	625
411 Kcal, 140 gm House specialty with Himalayan amaranth and reduced milk	
SEASONAL HALWA   	625
767 Kcal, 140 gm Kindly ask the server for details	
JAGGERY RASGULLA    	625
396 Kcal, 140 gm Spongy cottage cheese dumplings, jaggery syrup, nuts	
DARSAAN WITH ICECREAM   	650
427 Kcal, 160 gm Crisp fried, honey, sesame	
DATE PANCAKE   	650
427 Kcal, 160 gm Crispy fried, honey drizzle, banana caramel Ice cream	
THE TRAGOPAN SUNDAE     	750
816 Kcal, 200 gm Ice cream trio, sauces, toppings and fruits	
SELECTION OF ICE-CREAMS TWO SCOOPS  	650
213 Kcal, 130 gm Kindly ask the server for flavours	

 Vegetarian  Non-vegetarian

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List of Allergens:



BEVERAGE SELECTION

MILKSHAKE 400

383 Kcal, 300 ml | 410 Kcal, 300 ml |
332 Kcal, 300 ml | 305 Kcal, 300 ml |
281 Kcal, 300 ml

Chocolate | Cold Coffee | Banana |
Strawberry | Vanilla

SMOOTHIES 400

207 Kcal, 300 ml | 289 Kcal, 300 ml |
207 Kcal, 300 ml

Banana & Blueberry | Papaya & Basil |
Apple, Oats & Date

LASSI 400

229 Kcal, 300 ml | 179 Kcal, 300 ml |
190 Kcal, 300 ml

Sweet | Masala Mint | Blueberry

BUTTERMILK 400

41 Kcal, 300 ml | 64 Kcal, 300 ml
Jeera | Masala

CHOICE OF SEASONAL FRESH FRUIT JUICES 375

136 Kcal, 300 ml | 214 Kcal, 300 ml |
192 Kcal, 300 ml | 279 Kcal, 300 ml |
110 Kcal, 300 ml |

Watermelon | Sweet lime |
Orange | Pineapple | Apple

JUICE SELECTON HIMALAYAN VALLEY 375

122 Kcal, 300 ml | 52 Kcal, 300 ml |
115 Kcal, 300 ml

Apple, Beetroot, Carrot | Spinach, Cucumber,
celery | Orange, Carrot, Ginger

REAL HOT CHOCOLATE WITH MARSHMELLOWS 650

383 Kcal, 225 ml



ICED TEA 375

Lemon | Peach | Cranberry

COFFEE 400

Espresso | Cappuccino | Ristretto |
Macchiato | Americano



TEA 400

114Kcal, 300 ml | Masala



FRESH LIME 400

Soda : 256 Kcal, 300 ml
Water : 56 Kcal 300 ml
Sweet | Salted

HOT COCOA 400

381 Kcal, 225 ml

AERATED BEVERAGES 300

PACKAGED DRINKING JUICES 300

Orange | Apple | Cranberry | Lychee |
Mango | Tomato

HIMALAYAN STILL 300

HIMALAYAN SPRING 300

 Vegetarian  Non-vegetarian

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List of Allergens:



KIDS MENU

YANKEE DOODLE SOUP   	450
Chicken : 181 Kcal, 225 ml Vegetable : 138 Kcal, 225 ml Clear noodle soup	
MR. CHEESY POTATO    	550
513 Kcal, 225 gm French fries with cheese fondue	
ALL TIME FAVOURITE MAGGI NOODLES     	450
778 Kcal, 440 gm	
PIRATE STICKS & CHIPS      	650
908 Kcal, 325 gm Fish fingers, French fries, tartar sauce, ketchup	
PB&J     	450
456 Kcal, 200 gm Peanut butter, strawberry jam, French fries	
GOOEY GRILLED CHEESE    	450
766 Kcal, 200 gm Home-style grilled cheese sandwich	
MAMA MIA CHEESEY PENNE   	650
719 Kcal, 260 gm	
BADA BING TOMATO SPAGHETTI   	650
319 Kcal, 260 gm	
POP TATES BURGERS     	650
Chicken : 1048 Kcal, 225 gm Vegetable 884 Kcal, 225 gm	
CHOCOLATE PASTRY   	550
842 Kcal, 150 gm	
PILE 'O' PANCAKES   	550
586 Kcal, 200 gm Pancake stack, honey, and chocolate sauce	

 Vegetarian  Non-vegetarian

All prices are in Indian Rupees and subject to applicable government taxes.



Please inform our associates if you are allergic to any ingredients.

List of Allergens:






ROUND THE CLOCK


INDIAN CURRIES

MURGH TIKKA MASALA     1450

854 Kcal, 400 gm | Chicken Tikka, butter enriched fenugreek tomato gravy

PANEER MAKHAN MASALA    1250


994 Kcal, 400 gm | Butter enriched fenugreek tomato gravy, cottage cheese

DUM BIRYANI     1250 | 1450

Vegetable : 916 Kcal, 680 gm | Chicken : 990 Kcal, 680 gm

Fragrant basmati rice, saffron, brown onion, mint, raita



SIDE DISHES

STEAMED BASMATI RICE  500

538 Kcal, 400 gm

PULAO    850

Jeera : 763 Kcal, 400 gm | Green Peas : 795 Kcal, 400 gm



KHICHDI   850

Plain : 622 Kcal, 400 gm | Masala : 758 Kcal, 400 gm




One pot dish, rice, lentils, tempering, curd, ghee

G HAR KI DAL   650

761 Kcal, 400 gm | Yellow lentils, tempered, cumin seeds, ghee

DAL MAKHANI   850

1000 Kcal, 400 gm | Black lentils simmered overnight, cream, mild spices and butter

PHULKA | TAWA PARATHA    300

411 Kcal, 120 gm

 Vegetarian  Non-vegetarian







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List of Allergens:








BURGERS & SANDWICHES

Served with a house salad and French fries

CHICKEN BURGER       1250

1397 Kcal, 350 gm | Fried chicken patty, roast chicken salad, mustard mayonnaise, lettuce, tomato, cheese

VEGETABLE BURGER       1150

1179 Kcal, 350 gm | Fried potato patty, roasted peppers and zucchini, cheese, jalapeno and tomato salsa



TRAGOPAN NON-VEGETARIAN CLUB SANDWICH        1250

1114 Kcal, 350 gm | Roast chicken salad, egg, lettuce, chicken bacon, tomato, cheese




TRAGOPAN VEGETARIAN CLUB SANDWICH       1150

1018 Kcal, 350 gm | Coleslaw, grilled peppers, grilled zucchini, lettuce, tomato, cheese

PASTA

PENNE CHICKEN CACIO DE PEPE    1250

916 Kcal, 350 gm | Chicken, parmesan, mushrooms, black pepper

PENNE ARRABIATA    1050

513 Kcal, 350 gm | Tomato sauce, fresh basil, garlic, chilli flakes

PENNE MUSHROOM ALFREDO    1050

958 Kcal, 350 gm | Cream, cheese and mushrooms

SPAGHETTI AGILO E OLIO PEPPERONCINO    1050

743 Kcal, 350 gm | Extra virgin olive oil, parmesan and chili pepper

 Vegetarian  Non-vegetarian

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List of Allergens:



DESSERTS

MULTIGRAIN CHOCOLATE BROWNIE  650


1186 Kcal, 180 gm | Vanilla Ice cream



WARM TRUFFLE PASTRY  650


842 Kcal, 120 gm | Vanilla Ice cream



WARM GULAB JAMUN  625


496 Kcal, 140 gm | Fried reduced milk dumplings, sugar syrup, nuts



BAATHU KI KHEER  625

411 Kcal, 140 gm | House specialty with Himalayan amaranth and reduced milk



SELECTION OF ICE-CREAMS TWO SCOOPS  650

213 Kcal, 130 gm | Kindly ask the server for flavours



 Vegetarian  Non-vegetarian

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List of Allergens:

