SOUK Tabo Take a gastronomic journey across the Middle East, to the ancient food capitals where legendary cooking styles and time - honoured recipes are kept alive, and only the freshest ingredients from the marketplace find their way into the kitchen. As per the guidelines issued by Food Saftey & Authority of India (FSSAI) an average active adult require 2000kcals of energy per day. However, the actual calories needed may vary per person.

HUMMUS

Vegetarian

# Classic Hummus 210 gms 530.00	Kcal 1400
Chickpea Purée, Tahina, Olive Oil	

Hummus Beiruty
 |210 gms |332.60 Kcal
 Hummus, Onions, Tomatoes, Parsley

♥ Hummus with № |200 gms |472.84 Kcal
 Truffle Oil
 Hummus, Truffle Scented Olive Oil

Baked Hummus | 525.96 Kcal 1400 Creamy hummus, onion, tomatoes, parsley, mozzarella cheese

▲ Non Vegetarian

COLD MEZZE

Vegetarian

•	Mouttabel 🦫 🗓 220 gms 190.06 Kcal	1400
	Char Grilled Aubergine, Tahina, Yoghurt	

Labneh Avocado | | 215 gms | 700.08 Kcal 1500 Creamy Hung Yoghurt, Dry Mint, Avocados, Cucumber

Muhammara 🌬 🗯 🍪 🗳 🏉 🥒 1400 200 gms | 749.04 Kcal Fiery Red Pepper, Walnut, Pistachio, Pomegranate Molasses

HOT MEZZE

Vegetarian

# Cheese Sambusek		260 gms 434.28 Kcal	1600
Fried Pastry, Cheese, Su	ımac		

Felafel | 140 gms | 465.43 Kcal Chickpea, Onion, Garlic Nuggets

Felafel Sandwich | | 290 gms | 689.07 Kcal | 2200 Felafel, Pita Pocket, Salad, Tahina Sauce

Grilled Halloumi | 160 gms | 602.77 Kcal 1500 Halloumi cheese, roasted bell pepper, prunes, dried mint powder

Lebanese Pizza | 1270 gms | 808.00 Kcal 1800 Puff pastry base, tomato sauce, onion, tomato, Kalamata olives, chickpeas, cheese





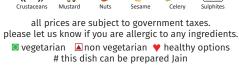












▲ Non Vegetarian

Lamb Kibbe | 260 gms | 448.58 Kcal Minced Meat- Cracked Wheat Shells, Minced Lamb, Pine Nuts

2200

2200

HOT MEZZE

Garithes Salatasi | 210 gms | 337.55 Kcal 2200 Prawns, Onions, Bell Peppers

Prawn Kunafa ♣ ♦ 6 | 212.44 Kcal Deep fried prawns, crispy kunafa, garlic harissa sauce

Lebanese Lamb Pizza ♥ Î | 617.37 Kcal Puff pastry, tomato sauce, lamb, Kalamata olives, 2200 onion, tomato, mozzarella cheese

Vegetarian

Fattoush
| 250 gms | 310.88 Kcal Cucumbers, Bell Peppers, Tomatoes, Lettuce, Dressing, Crispy Bread, Pomegranate, Mint Leaves 1300 **SALADS**

- Schumander Salate ↑ № |260 gms |675.06 Kcal 1300 Beetroot, Feta Cheese, White Sesame
- # Rocka and Figs Salate | 160 gms | 132.35 Kcal | 1300 Dried figs, rocket leaves, molasses vinaigrette, almond flakes
- Cauliflower Tabbouleh | 334.08 Kcal Grated cauliflower, parsley, onion, tomato, 1300 lemon dressing

900

▲ Cream Al Toum (| 150 gms | 283.94 Kcal Ma Harissa 900

Olive Bowl

| 110 gms | 108.28 Kcal 1300 ■ Batata Makli |220 gms | 417.23 Kcal 1200 **SIDES**



















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SOUP

Vegetarian

Shorba Adas | 225 gms | 152.75 Kcal Lentil Broth, Brown Onions, Lemon Juice

1100

■ Non Vegetarian

Soup Harira ♥ ३० | 225 gms | 423.23 Kcal Lamb Broth, Chickpeas, Vermicelli

1100

PITA BREADS

Khoubz # |70 gms | 168.41 Kcal 400 Eish Baladi # |65 gms | 107.83 Kcal 600 Mnaish Bi Zaatar 🕴 🖢 |85 gms |210.98 Kcal 600 Eish Baladi Harra 🕸 🐓 |81 gms | 183.69 Kcal 600

Assorted Bread Basket

| 172 gms | 309.57 Kcal 600

SPECIALTY BREADS

Vegetarian

1700 Spinach, Cottage Cheese, Puff Pastry Cheese Talas ☐ ♥ | 555.39 Kcal Grated cheese, onion, tomato, parsley, paprika, cumin, cinnamon powder, puff pastry 1200

■ Non Vegetarian

Lahm Talas ♥ ☐ |284 gms |417.11 Kcal Minced Lamb, Middle Eastern Spices, Puff Pastry 1800

















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GRILLS

Vegetarian

- # Turkish Chilli Grilled ♥ ☐ |326 gms |302.04 Kcal Vegetables Garden Vegetables, Turkish Chili, Pita 2300
 - # Jibneh Meshwi # 1 6 1306.59 Kcal 1800 Cottage cheese kebab, Turkish chili, pine nuts, parsley

Non Vegetarian

- Sheesh Taouk | 6 | 290 gms | 363.08 Kcal Char Grilled Boneless Chicken, Toum, Pita 2500
- Chicken ♥ (► 1 | 362 gms | 544.16 Kcal Shawarma 2700 Shawarma Chicken, Pita Pocket, Salad, Tahina Sauce
- Rubian Meshwi | 145 gms | 177.65 Kcal Char Grilled Prawns, Turmeric- Ginger Marination 3100
 - Grilled Lamb Chops | 1261 gms | 728.09 Kcal | 4400 Lamb Chops, Cinnamon, Garlic, Onion Juice, Tahina Mash
- Samak Meshwi | 340 gms | 842.42 Kcal Grilled Pomfret, Turkish chili marination, side salad 2900
 - **Kebab Meshwi** | 270 gms | 646.81 Kcal Minced lamb kebab, parsley, Lebanese spices 2800
 - 2800
- Garithes ma Thoum (6) | 445.46 Kcal 2500 Grilled prawns, thoum, side salad

Vegetarian

- 2500
- Potato Pancakes, Feta Cheese, Pine Nuts, Spinach
- Moussaka ♥ → |420 gms |583.72 Kcal Grilled, Zucchini, Squash, Aubergine, Burgul, 2000 Tomato, Chickpea
- # Crunchy Okra | 6 8 7 | 230 gms | 403.97 Kcal 1800 Crispy fried okra, pine nut and garlic sauce

Non Vegetarian

- Harissa Sea Bass

 | 290 gms | 429.78 Kcal | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Bass, Harissa, Burgul, Crunchy Vegetables | 3500 Pan Fried Sea Pan F

























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TAGINES	 Vegetarian # Vegetable Tagine
	■ Non Vegetarian
	Chicken Tagine ♥ / 590 gms 733.61 Kcal 2900 Chicken Chunks, Loomi, Olives, Turmeric, Pickled Lime, Couscous
	Lamb Tagine /*
	Prawn Tagine \$\square\$ \$\squa
RICE	Vegetarian
RICE	♥ # Roz Maslok 270 gms 411.80 Kcal Steamed Rice 800
	# Souk Pilaf 500 gms 510.63 Kcal 1200 Egyptian Rice, Pine Nuts, Pistachios, Moroccan Raisins, Brown Onions
	 ■ Roz Shirkee
	■ Non Vegetarian
	Dijaj Maqluba ♥ 1 435 gms 843.84 Kcal 2700 Chicken and Rice, Fried Aubergine, Nuts
DESSERTS	■ Vegetarian # Beldere **
	# Baklava 1200 81 gms 45.95 Kcal 1200 Baked Phyllo, Mixed Nuts, Sweet Syrup
	# Omali 163 gms 448.77 Kcal 1200 Baked Phyllo, Condensed Milk, Pistachio
	# Chocolate Cigara 💗 🗓 🌽 143 gms 775.07 Kcal 1200 Chocolate, Phyllo, Lokum
	# B'Stilla Au Lait # 160 gms 93.66 Kcal 1350 Baked phyllo, almond cream, saffron milk
	# Chocolate B'Stilla # 1000 402.78 Kcal 1000 Baked phyllo dome, melting chocolate truffle, pistachios, cinnamon sugar dust
ICE CREAMS	# Rose Petal Ice Cream
	# Orange blossom and [] 🍎 266.93 Kcal 1000 Pistachio
	Natural orange blossom essence, broken pistachio Turkish coffee and 1214.88 Kcal 1000
	Turkish coffee and 214.88 Kcal 1000 Bailey's Irish Cream Turkish Qahwa coffee, Bailey's Irish cream
	Moluscs Eggs Fish Lupin Soya Milk Peanuts Gluten
	Crustaceans Mustard Nuts Sesame Celery Sulphites
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■ vegetarian non vegetarian healthy options # this dish can be prepared Jain

TEA	Golden Assam This Second Flush, Large-Leaf Golden-Tipped Assam Produces a Full-Bodied Cup with a Deep Copper Liquid or Noted for its Lively Character and Distinctly Malty flavour	450
	Chamomile A Gentle Calming and Sedative Tea Made from Chamomile Flowers, Can be Helpful for Insomnia and also Digestion After Meal	450
	Taj House Blend Unique Blend of Darjeeling and Assam Tea which Offers Elegant Flavour and Full Bodied Concoction	500
	White Tip Darjeeling The Tea Treasured for its Ripe Complex Flavour and Floral Bouquet is a Clear Favourite of Lovers of Darjeeling's Distinct Muscatel Character, this Tea is a Well-defined Cup Infusion from the First Flush of Golden-tipped Leaves	500
TAJ	Tukdah	500
SIGNATURE	This Top Grade First Flush from Darjeeling is Lighter in Cup Colour But Very Complex with a Peach Blossom Fragrance that Carries Through and Lingers on the Palate with a Sweet Taste that is Floral and Mildly Fruity	
TEA	Risheehat Located in the Darjeeling East Valley, this First Pluck with a Tippy Leaf and Wiry Appearance Imparts a Mellow and Floral Taste to the Tea. This Mild Tea is Known for Its Fresh Green and Floral Notes with Subtle Hints of Wood	500
	Mangalam Our Signature Tea is High Grade Black Tea from the Mangalam Estate of Assam with Bold Whole Leaves and an Abundance of Golden Tips. Infused into a Deliciously Malty and Light-spicy Black Tea	500
SPECIALITY	Moroccan Mint A Delightfully Refreshing Aromatic Tea that is a Duet of Mint Leaves with Green Tea. Some Culture, Consider it as a Perfect Way to End a Meal	500
TEA	Egyptian Chamomile A Light Grassy Sweet Concoction that Relaxes Muscles and Relieves Stress	500
	Cardamom A Sweet Aromatic Flavoured Tea that is Distinctive to Itself	500
	Fennel This Tea is Known to Cure Ailments of a Wide Variety and Aids the Digestive System Leaving One Invigorated and Refreshed	500
	Rose This Tea Has the Ability to Leave You Refreshed with its Sweet Taste and Distinct Aroma that Lingers on the Palate	500

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COFFEE

Espresso A Pure Coffee Extract	450
Cappuccino 260 ml 96.2 Kcal Single Espresso Shot with Thick Steamed Milk	450
Taj House Blend A Unique Blend of High Grow Arabica and Robusta with Rich and Intense Flavour	500
Aged Monsoon Malabar A Low Caffeine and Acidic Coffee with Tinge of Dry Spices and Bold Flavour of Chocolate with Smooth Finish	500
Indian Peaberry A Rich Coffee with Nutty and Cigar Like Taste with Zero Acidity and Moderate Body	500
Brazilian Cerrado Vintage A Mild Aromatic Coffee with a Nutty After Taste	500
Java Estate A Rare Indonesian Arabica with Strong Sweet Earthy Flavour and Rich Aroma	500
Decaffeinated Columbian Supremo A Smooth Pleasant Acidic Flavour with Nutty Overtones and Rich Medium to Full Bodied Coffee without Caffeine	500

SPECIALITY COFFEE

Turkish Coffee
A Finely Ground Coffee Beans which Find its Roots in Turkey Can be Served Strong, Medium or Mild

Qahwa-Arabic Coffee
A Perfect Blend of Coffee Beans with Cardamom, Rose and Saffron Served Traditionlly